

Cardiology Solutions

Six technology factors that will address your challenges in delivering care to CAD patients



GLOBAL

Introduction

As healthcare providers and care settings are faced with meeting the demands of a growing caseload and high patient complexity in coronary artery disease (CAD) care, patients are also experiencing significant challenges in navigating a fragmented and overburdened healthcare system.

This may be due to the fact that the management of patients with CAD involves considerable steps along the care pathway – from prevention to diagnosis, treatment, and follow-up.

Without close coordination, the allocation of resources and overall efficiency in care delivery can significantly burden healthcare providers, care settings, and patients.



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A care pathway has been defined as a tool to organize and standardize care processes to maximize patient outcomes and improve efficiencies.¹

Improving the CAD care pathway

The purpose of a care pathway is to enhance the quality of care for patients by providing optimal outcomes with reduced complications, increasing satisfaction, and using resources efficiently.²

Care pathway assessments are useful for healthcare leaders to improve standardization and reduce variations in clinical practice to maximize patient outcomes and clinical efficiency by providing coordinated value-based care.³

Philips conducted a care pathway assessment and identified several burdens and inefficiencies within the CAD care pathway that impact patient care, staff wellbeing, and the overall healthcare system. This assessment is unique in that it examined inefficiencies across the entire continuum of care, as well as those specifically related to diagnosis and treatment, to pinpoint areas that could benefit from optimization.

While medical innovations are emerging to address diagnostic and treatment burdens in CAD, the evidence on how technology can be designed to provide personalized, high-quality, and efficient patient care along the entire care pathway is not fully clear.

To address this gap, a targeted, non-systematic literature review was conducted to explore the role of technology in addressing the key burdens and inefficiencies present in the CAD care pathway.

A dozen iterative searches were conducted, which produced a list of approximately 9,000 titles to be screened. Regions in scope included North America and Europe. Approximately 250 abstracts were retained for full-text screening, and grey literature searches were conducted for additional evidence points.

Through our evaluation of the literature, six critical success factors were identified to address the inefficiencies across the care pathway. These include:

- better integration of heterogenous medical devices,
- improved standardization,

5 automation of manual processes, and

6 user-friendly technological interfaces.

increased health information exchange (HIE),

system interoperability,

From emergency care to diagnosis, treatment and follow-up, the Philips Cardiology portfolio invariably employs these critical success factors within their solutions, to address the key challenges across the CAD care pathway. As such, a closer look at a selection of current Philips diagnostic and treatment solutions for CAD care were examined and assessed for their ability to use these six critical success factors to alleviate the burdens associated with CAD care (**Figure 1**) (please refer to the Philips website for more information).



Critical Success Factors to Address Challenges in the CAD Care Pathway

An integrated model was developed to outline six critical success factors that technological innovations should consider to address the current burdens and inefficiencies in the CAD care pathway (**Figure 1**). We have made some assumptions in the creation and use of this model. First, this model is focused on the processes that are present in the CAD care pathway and presents rapidly evolving factors that harness the use of information technology to deliver care. Furthermore, the model assumes that the state-of-the-art technology, with the best clinical capability, is accessible for the user and that there are experienced staff with relevant clinical backgrounds available. Lastly, this model is not only applicable to the CAD pathway, as some of the factors may be applicable to other cardiac care pathways, as well as other domains (e.g., Neurovascular or Oncology). A brief examination of each factor is discussed below.



Figure 1: Six critical success factors to address inefficiencies in the CAD care pathway

These factors include (1) Better integration of heterogenous medical devices (i.e., integrated systems with digital controls to dynamically manage multiple devices and improve workflow); (2) Enhanced system interoperability (i.e., interoperable medical devices that effortlessly communicate with other devices through a common language to reduce errors); (3) Increased utilization of health information exchange (i.e., quick and efficient transfer of critical medical information/tests); (4) Improved standardization (i.e., standardized documentation templates for structured reporting to decrease workload); (5) Increased automation of manual processes (i.e., automated processes can facilitate image interpretations to improve confidence and accuracy); and (6) User-friendly technological interfaces (i.e., easily accessible web-based interfaces in the catheterization lab that enhance the user experience). CAD: coronary artery disease.



Medical device integration within a care pathway enhances communication capacity between care providers and patients and information flow across the continuum of care, streamlining workflow and leading to better clinical outcomes.4-7

1. Better integration of heterogenous medical devices

In healthcare, medical devices are typically "heterogeneous", meaning they have different processing and operating abilities, use different network interfaces and communication protocols, utilize different data formats and models, and offer a wide and varying range of services and functionalities.⁸ This heterogeneity presents a challenge in terms of data communication and integration. For example, the Integrated Clinical Environment (ICE) framework is a project that was initiated to provide standardized and safe solutions to integrate medical devices in the same room, such as an operating room, and address this lack of interconnection.⁵ Using this type of framework, medical devices are more integrated in the network and connected to electronic health records (EHR) and common data displays to cooperate with other devices to realize closed loop scenarios to improve communication.⁹

A variety of evidence identifies the value of device integration and intuitive interfaces, for instance, an **integrated** interventional suite or catheterization ("cath") lab, a complex and hectic environment, is critical to saving time, costs, and personnel as more procedures can be completed in the same room by the existing staff without relocating equipment or personnel from another area.¹⁰⁻¹² Especially as overcrowding, long wait times, and delays to treatment have also been identified as issues in the CAD treatment pathway, associated with an increase in length of hospital stay, mortality rates, and poor patient flow.¹³⁻¹⁵ Greater integration between information systems has been shown to minimize patient waiting times and may lead to improved patient throughput.⁴



2. System interoperability for timely and seamless portability of information

Although integration and interoperability are often used interchangeably, they are distinct concepts with unique impacts on technology. Interoperability is a characteristic of a device or system that allows for communication with other devices or systems that speak the same language (i.e., have a common standards-based interface).¹⁶ Interoperability is critical for reducing medical errors and inefficiencies that exist in the care pathway.¹⁷ The interoperability of medical devices leads to automated and integrated workflows, facilitating the timely and seamless portability of information to improve patient outcomes. Additionally, widespread adoption of functional interoperability for medical devices could lead to an annual savings for providers in excess of \$30 billion.¹⁷ This is achieved through less redundant testing, increased clinician productivity, decreased length of stay from delays in information transfer, and fewer adverse events.¹⁷



A connection between two or more products or systems, enabling communication, usually with the use of "middleware" to translate each system's data.



A characteristic of a product or system to be capable of communication with any other products or systems that speak the same language (i.e., have a common standards-based interface).



3. Increased utilization of Health Information Exchange

Appropriate and timely access to health information (e.g., blood tests and exam results, medication lists, and clinical summaries) across the care continuum can facilitate coordinated patient care.¹⁸ By increasing provider access to historical patient data, HIE can also improve the quality and efficiency of patient care.¹⁹ Hospitals participating in HIE were associated with a decrease in the probability of unplanned, 30-, 45-, and 60-day readmissions for acute myocardial infarction versus nonparticipating hospitals, with the exchange of radiology reports having the largest effect on reducing readmissions.¹⁸ Of note, improved HIE has also been associated with cost savings due to avoided repeat imaging.²⁰ In general, improved HIE reduces duplicative laboratory and radiology testing, emergency department costs, hospital admissions, and improves quality of care in the ambulatory setting.²¹ Most healthcare professionals credited improvements in care coordination, communication, and knowledge about patients to this enhanced information exchange.²¹



4. Improved standardization

In healthcare, standardized work can create efficiencies that generate the additional time needed for personalized care.²² Excessive customization (i.e., lack of standardization) in clinical and workflow decisions can increase the cognitive workload for clinicians who are left to design their own individual care pathways and workflows from scratch.²² Standardized procedures, such as templates and checklists, can simplify the use of complex technology by improving efficiencies and reducing errors.²³⁻²⁷ Using standardized procedures in the cath lab can help shuffle patients into and out of procedure rooms in a timely manner, accommodating a greater number of cases.²⁸ Relatedly, structured reporting also improves the burden of documentation by integrating workflow processes and achieves data interoperability among information technology systems to maximize accuracy, completeness, and efficiency.²⁹



5. Increased automation of manual processes

Manual processes can be time-consuming and subject to human error and operator bias, such as with the manual interpretation of echocardiograms in the CAD care pathway.³⁰ Deep learning algorithms for automated interpretation of echocardiographic images offer the opportunity to remove the burden for highly trained individuals to conduct manual image analysis and may reduce some of the intensive training and skill maintenance required of operators.³¹⁻³³ Automated processes can facilitate image interpretations to improve confidence and accuracy, and reduce risk during stent placement.³⁴⁻³⁶ Furthermore, clinicians often face extensive documentation and reporting, contributing to burnout.^{37; 38} Automation can improve the clerical burdens associated with clinician reporting to optimize procedure results.³⁹ Development of natural language processing methods that use machine learning help automatically transform clinical text into structured data that can be directly processed using machine learning algorithms.³⁹



6. User-friendly technological interfaces

The ever-evolving emergence of advanced technologies designed to meet more complex patient needs can often require a mastery of setup, operation, and troubleshooting, resulting in a high training burden for clinicians.⁴⁰ An integrated suite of medical device solutions which combines technological improvements with high interoperability and user-friendly design can help to facilitate management of such challenging needs. Within the CAD space, simplification of procedures and improvement in technological capabilities, such as through highquality images and fast graphic abilities, are examples of how these needs can be addressed.¹⁰ Within the cath lab, using a web-based interface allows for decentralized real-time notifications that can be viewed on any computer and displayed in each room, enhancing, and streamlining communication for all workers.¹² User-friendly and intuitive interfaces have also been shown to maximize voluntary staff uptake, and minimize training and implementation costs.^{41; 42}



Overall benefit

Technological innovations that offer better integration, enhanced interoperability, timely HIE, improved standardization, automated assistance, and a user-friendly interface can help address the current burdens and inefficiencies along the CAD care pathway. Philips' innovative and uniquely integrated products work seamlessly to help improve care (e.g., performance, outcomes, etc.) and reduce burdens (e.g., workload, errors, procedure time, costs, etc.) associated with CAD. This powerful network of devices that encompass these six critical success factors work together to strengthen clinical confidence, build efficiency throughout the care pathway, and improve experiences for staff and their patients.



Philips Provides Interoperable, Accurate, and Efficient Diagnostic Solutions for Confident Decision-making

Timely delivery of care, particularly for acute CAD, is critical for favorable outcomes.⁴³ When chest pain is stable, choosing an appropriate diagnostic test is challenging for clinicians, partly due to the expansion of testing strategies and the need to consider factors related to the patient (e.g., body habitus, renal dysfunction, exercise capacity, etc.), system (e.g., availability, accessibility, cost/reimbursement, expertise), and test (e.g., radiation exposure, sensitivity, specificity, etc.).⁴⁴ Confidence in test selection is critical, as selection of a suboptimal diagnostic test may lead to overuse of unnecessary invasive testing in patients with and without CAD.⁴⁵⁻⁴⁷ While invasive coronary angiography (ICA) remains the gold standard for diagnosing obstructive CAD, it is associated with high cost, radiation exposure, patient discomfort, and procedure-related risks.⁴⁸

Recommendations for non-invasive testing for ischemic heart disease include stress echocardiography.⁴⁹ Despite its advantages, there are limitations, including lengthy turnaround times for patient reports, unnecessary repeat examinations, inefficient workflows, lack of interoperability, and inadequate access to historical imaging and non-imaging data for patients which can delay confident decision-making in complex cases.⁵⁰ Since echocardiography is the most used cardiac imaging modality,⁵¹ it creates intense workloads for cardiologists and sonographers.⁵² The manual interpretation of echocardiograms is not only laborious and error-prone, but suffers from high intraand inter-reader variability.^{30, 53; 54} This ultimately has an impact on diagnostic decision-making and patient outcomes. The need for confident decision-making, improved staff experience, and enhanced workflow efficiency through greater automation demands innovative devices to address these burdens.



Integrated and automated devices combine clinical and operational benefits to support diagnostic confidence and clinical efficiency, while improving patient and staff experiences

The **Philips' integrated echocardiography solution** includes three products that combine to form an end-to-end echocardiography solution:



Cardiac Ultrasound (EPIQ CVx and Affiniti CVx), used to acquire images of the heart and perform measurements;



Philips Ultrasound Workspace, used to provide automated, accurate, and reproducible image measurements and analysis; and



Philips Cardiovascular Workspace, used to display previous and current cardiovascular images (electrocardiogram [ECG] data via interface with intellispace ECG echocardiography, computerized tomography [CT] and magnetic resonance imaging [MRI]) and patient data through a single point of access, and to provide advanced clinical tools for comprehensive analysis and reporting.⁵⁰

Between 2009 and 2011, the U.S. CathPCI Registry data showed that ~60% of patients without known CAD undergoing elective ICA had nonobstructive CAD.⁴⁷ The solution combines exceptional 2D and 3D image quality with artificial intelligence and advanced viewing and analysis tools accessible both on- and off-cart.⁵⁰

Findings from a two-step Delphi expert panel study on the benefits of the Philips' integrated echocardiography solution demonstrated the following: 1) 86% of respondents agreed that this integrated system can help increase confidence in diagnostic decision-making; 2) 100% of respondents experienced an increase in report and measurement consistency and/or reproducibility, improved time to detection and diagnosis, and could benefit their overall clinical daily work; and 3) 86% of respondents believed that this integrated system can improve staff experience by providing automated single screen access to patient data.⁵⁵

The findings from this study emphasize the importance of data integration, intuitive user interfaces, less documentation, and fewer manual tasks to help reduce clinician fatigue/cognitive load and decrease burnout, which is in alignment with other studies.^{41; 42; 55} Healthcare professionals experience high levels of work-related burnout, stress, and sleep deprivation.^{50; 56; 57} Clinician burnout has been shown to influence patient quality of care, safety, and satisfaction, and is associated with medical errors, and decreased work productivity and professional effort.^{58; 59} With the added burden of increased documentation often superseding patient care, there is a critical need for a more streamlined, seamless, and automated approach to diagnosis.^{37; 38}



Interoperability can help streamline workflow and improve operational performance

The Delphi study's qualitative responses suggested that high-quality exams and reports and improved access to patients' data as offered by the solution can help with enhancing time-to-diagnosis and clinical decision-making.⁵⁵ As a full, vendor neutral solution, the **Philips Ultrasound Workspace and Cardiovascular Workspace** enables interoperability with existing ultrasound systems and hospital IT infrastructure, allowing clinicians to leverage seamless diagnostic workflows from wherever they are needed.⁵⁰ The implementation of medical devices that seamlessly interoperate with other medical devices and information systems is critical for reducing medical errors and inefficiencies that exist in the care pathway.¹⁷



Increased utilization of HIE can hasten the transfer of critical medical information and help avoid repeat testing

The integration of a multi-modality image and information management solution system within the **Philips' integrated echocardiography solution** provides easy access to advanced clinical tools and interoperability with electronic medical records (EMR)/ hospital information systems from a single location, enhancing operational efficiency, reducing report turnaround time, and addressing the high costs associated with redundant testing.^{20; 50} Difficulty with finding and accessing past medical history has been identified as a challenge by emergency care physicians from Canada, Denmark, Finland, Germany, and the U.S.⁶⁰ Improved access to historical patient data may reduce unnecessary repeat exams, as a U.S. study found that out of 34,600 patients who received imaging, 7.7% of the images were repeated for the same condition within three months due to lack of information exchange.⁶¹

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Decisionmaking has been enhanced using the Philips' integrated echocardiography solution in any scenario that needs several measurements, and/or requires consistency and comparison with previous measurements.⁵⁵

 As mentioned by a cardiologist participating in this study.



Advanced imaging technologies can collectively help to control radiation and contrast dose

Coronary computed tomography angiography (CCTA) has a Class 1A recommendation for the exclusion of atherosclerotic plaque and obstructive CAD in intermediate-risk patients with acute chest pain and no known CAD who qualify for diagnostic testing after a negative or inconclusive evaluation for acute coronary syndrome (ACS).⁶²

Additionally, for intermediate to high risk patients with stable chest pain and no known CAD, CCTA is effective for CAD diagnosis, risk stratification, and guiding of treatment decisions.⁶² In patients with stable and unstable chest pain, CCTA can reduce downstream resource use and costs without compromising patient satisfaction, morbidity, or mortality.^{63; 64} However, CCTA is limited by time-intensive interpretation, laborious workflow, calcification and bloom artifacts degrading image quality, the requirement for contrast dye in certain patients, and radiation exposure.^{44; 65; 66} Radiation exposure is associated with multiple acute and chronic tissue injuries for the patient and operator, including risk of cancer.⁶⁷⁻⁶⁹

Philips employs the innovative diagnostic technology of the **Spectral CT 7500** to help overcome the burdens associated with radiation dose and contrast media, and reduce calcium blooming in coronary arteries.⁷⁰ With Spectral CT 7500, monoenergetic (monoE) reconstructions in the range of 40-200 keV can be obtained with every cardiac scan without any trade-offs. Higher monoE results from the spectral system can demonstrate significantly reduced calcium blooming artifacts, allowing for more precise measurements of calcified plaque and lumen diameter.⁷⁰

Furthermore, the Spectral CT 7500 can produce low-dose 100kVp spectral results without compromising speed, power, or field of view.⁷¹ MonoE low dose (40-50 keV) reconstructions using spectral CT produced better image quality than conventional techniques with reduced radiation dose and contrast media.⁷²

The Spectral CT 7500 is able to acquire multiple layers of data, both conventional and spectral, within a single exposure for improved tissue characterization and visualization.⁷¹



The Philips Coronary Suite Provides Confident, Efficient, and Safer Treatment Options for Better Patient Outcomes



- RightFit
- 2. Azurion Live X-ray 3.
- 4 iFR

- IVUS
- 6. Hemo X3
- Dynamic Coronary Roadmap 7. Touch Screen Module 8
- FlexSpot 10.
 - Instant Parallel working & 2D-OA
- Intellispace Cardiovascular 11.
- Eagle Eye Platinum 12. 13. OmniWire Pressure Wire

In the U.S., PCI and associated hospital costs were reported to comprise \$10.8 billion per year (2010 to 2014), representing a significant financial burden.⁷⁶ Percutaneous coronary intervention (PCI) is a minimally invasive, non-surgical procedure that aims to relieve narrowing or occlusion of the coronary artery through the insertion and inflation of a small balloon catheter or a stent.⁷⁵

Approximately 30% of PCIs are considered complex and PCI use is increasing in complex disease due to the introduction of drug-eluting stents and improvements in implantation techniques and medical therapy.⁷⁷ Part of this complexity is related to age, as well as medical comorbidities, such as obesity, type 2 diabetes, hypertension, and hyperlipidemia.77-79 PCI is conducted in the cath lab, and as previously noted, this can be a hectic environment that is prone to operational inefficiencies, including frequent distractions and interruptions, and miscommunications, which could lead to safety issues.^{11; 12; 80; 81} Furthermore, late arrival times, procedural, equipment, or patient preparation delays, physician readiness, and insufficient staff all contribute to poor patient flow, impacting quality improvement.⁸² To address these cath labrelated burdens, an interventional suite in which system and devices provide an integrated user experience, may facilitate the completion of more procedures in the same room by the existing staff without increasing the strain on the team and without relocating equipment or staff from another area.¹⁰



The Philips Coronary Suite is a combination of integrated technology for coronary-related procedures, namely PCI.

It combines enhanced clinical insights with an efficient workflow and a quick set-up that is easy for staff to use.

Better integration leads to improved efficiencies and greater confidence

At the core of the Coronary Suite is Philips **Azurion (Interventional X-ray system)**, which offers several coronary diagnostic and therapy tools such as **Dynamic Coronary Roadmap** and **StentBoost Live**, as well as seamless integration of physiology (**instantaneous wave-free ratio [iFR], fractional flow reserve [FFR]**) and **Intravascular Ultrasound (IVUS)** through the interventional applications platform IntraSight. The Coronary Suite is complete with hemodynamic monitoring (**Philips Hemo System**) and provides accessibility of data through a cardiology informatics system (**Philips Cardiovascular Workspace**).

The Philips Azurion utilizes a touch screen module (TSM) and FlexVision Pro,^{*} enabling a seamless view and control of compatible applications at tableside in the sterile field.^{83; 84} Access and control in the procedure room of the imaging parameters and coronary tools such as Dynamic Coronary Roadmap and StentBoost Live, physiology, IVUS, and hemodynamic monitoring allows the staff to work quickly, decisively.^{83; 84} This control in the procedure room (via the TSM and FlexVision Pro), also means the team can run an entire case at tableside with the ease and responsiveness of using a tablet or mousepad, even when wearing gloves and under a sterile drape which can save time, reduce equipment clutter, and allow for focus on the patient.^{83; 84} Furthermore, the Coronary Suite allows staff access to patients' comprehensive data from multiple working areas through an accessible interface, flexible work spots, and multiple connected systems, ultimately reducing workload and unnecessary walking.⁸⁵ While viewing and controlling patient multi-modality data tableside, clinicians also have access to the Advanced Analytics tool for fast data access and analysis to make informed treatment decisions.⁸⁶

An independent quantitative survey reported the following results from respondents when using the Philips Coronary Suite compared to a multi-vendor lab:

- 84% feel more confident performing coronary assessment and PCI;
- 2 84% reported that their workload is easier to manage;
- 3 76% reported that they feel more confident in making treatment decisions because they feel in control of measurements and applications;
- 4 79% reported feeling more satisfied due to more efficient processes and better integration; and
 - 79% of the previous survey respondents reported less movement between the control and examination rooms due to tableside control.⁸⁷

Primary operators self-report higher cognitive and physical workload during cath lab cases in which distractions occurred.⁸⁰ Distractions may also have implications for patient safety, as studies have shown that intraoperative distractions led to fewer safety checks and higher rates of errors.^{88; 89} Interventional lab staff can use the Coronary Suite to work both independently and collaboratively in the procedure and control room without disruption or delays, with results being shared between rooms (using **Azurion FlexSpot**) to increase parallel working.^{85; 90} This not only simplifies workflow, but also increases efficiencies in the cath lab, with 74% of survey respondents indicating that staff productivity is improved with the Coronary Suite.⁸⁷

^{*} Large adaptable LCD display that can show 8 video sources at the same time and host an overall 16 video sources.



System interoperability provides timely and seamless portability of information to aid clinical decision-making

Timely delivery of care in patients with ACS is critical for favorable outcomes.⁴³ The integration of devices within the **Philips Coronary Suite** provides clinicians with a single point of contact for pre-, during, and post-procedure information and populates the final cardiac report and interfaces to avoid redundant data entry, resulting in a timelier diagnosis.⁸⁵

In a survey, 74% of survey respondents reported they can perform PCI procedures in a timelier manner with the Philips Coronary Suite compared to a multi-vendor lab.⁸⁷ Clinicians can also bring advanced hemodynamic measurements to the cath lab while continuously monitoring patients without breaking scrub, while users in the control room can perform hemodynamic analyses and display them in the exam room. Furthermore, 82% of respondents experienced less repetitive tasks such as re-entering patient information and 84% reported that they spent less time collecting data and more time with patients using the Philips Coronary Suite compared to a multivendor lab.⁸⁷ These findings emphasize the importance of data integration, real-time information access, and simplified documentation to address the burdens associated with manual reporting, and the need for greater automation.^{29; 37}



Standardization improves workflow, prevents patientrelated delays, and helps to reduce medical errors

The Philips Coronary Suite offers hospital-specific checklists, templates, and protocols (**ProcedureCards**) that are integrated alongside pre-defined programs to help standardize cardiac interventions and maintain consistency of interventional procedures.⁹⁰

Using standardized procedures can help move patients into and out of the examination room efficiently, adding minutes and possibly hours to the daily schedules, and allowing for greater patient throughput.²⁸ Well-designed checklists and standardized procedures have been shown to improve patient turnover, prevent delays associated with operating devices, and minimize preparation and procedural errors.^{24; 82} Using these standardized procedures, clinicians have a single point of access anytime and virtually anywhere to support informed decision-making, allowing for easy intra-procedural check of pre-operative information and patient data tableside in the exam room without having to break scrub, facilitating faster reporting and efficient workflow, and reducing operational delays.⁹⁰ Findings from an independent study showed that a one-click set up could help minimize errors and optimize workflow, potentially decreasing physician burnout.^{90; 91}



Approximately 25% of PCI patients have unplanned readmissions within six months, with key factors including reinfarction/ stent thrombosis, heart failure, chest pain, and bleeding.^{92; 93}

The Coronary Suite has integrated physiology capabilities, including iFR, IVUS and co-registration software.

84% of respondents indicated that with the Philips Coronary Suite, there are fewer manual tasks compared to a multi-vendor lab due to integration of the different systems.⁸⁷

Automation can improve the burden of manual processes and optimize procedural guidance

IVUS imaging offers advanced visualization of vessel morphology by automatically displaying 3D data to assess vessel morphology and lesion characteristics.94 With informed pre-stent planning and post-stent optimization through automated vessel visualization, IVUS can be used to ensure the stent is deployed properly, improving procedural guidance.⁹⁵⁻⁹⁷ Moreover, IVUS-guided stent implantation is associated with a reduction in adverse events, major adverse cardiovascular events (MACE), and complications after PCI compared to angiography-guided PCI.98; 99 Additionally, iFR measurements can be rapidly performed to assess the degree and length of vessel stenosis, evaluate the effectiveness of therapy, and understand residual ischemia following stent deployment.^{100; 101} Unlike FFR, iFR does not require vasodilators and can automatically detect the wave-free period of the cardiac cycle to calculate a ratio as an index of coronary stenosis severity.^{102; 103} Throughout an entire case, iFR provides advanced guidance with iFR pullback and co-registration for PCI planning.¹⁰¹ Similarly to IVUS, iFR versus FFR was also associated with a lower rate of adverse procedural signs and symptoms after PCI, including chest pain and dyspnea.¹⁰⁴ However, incomplete revascularization and in-stent restenosis following PCI are prognostic indicators for future complications.¹⁰⁵ Acute and chronic CAD patients with incomplete revascularization had significantly higher MACE rates, odds of death, and repeat revascularization than patients with complete revascularization.^{106; 107} Furthermore, a multicenter study detected residual ischemia in nearly 1 in 4 patients after coronary stenting due to inapparent focal lesions.¹⁰⁰ For in-stent restenosis, the CathPCI registry (between 2009 and 2017) demonstrated that this burden accounts for ~10% of all PCI procedures, with ~25% of patients presenting with myocardial infarction.¹⁰⁸

Intravascular imaging allows for the determination of the mechanism of in-stent restenosis, potentially guiding appropriate therapy.⁹⁹ The automated and integrated co-registration software (IVUS and iFR) within the Philips Coronary Suite can address the inaccuracies and biases associated with manually guiding PCI.¹⁰⁹ For instance, with iFR co-registration, clinicians can automatically co-register values onto the angiogram to determine precise lesion severity and location.¹¹⁰ In addition, the increased precision with IVUS co-registration significantly reduces the risk of a 'geographic miss,' which has been reported to occur in approximately 60% of PCI procedures.^{111; 112} By co-registering IVUS and iFR information with the angiogram, coupled with IntraSight's enhanced live stent visualization capabilities, clinicians can automatically verify correct stent positioning and deployment, thereby improving procedural outcomes.¹¹²

Clinicians are also able to easily obtain length measurements that combine IVUS and iFR information with the angiogram to determine if a stent will meet procedural objectives, facilitating stent planning, simplifying workflow, and optimizing procedural results.^{109; 113} Relatedly, this solution provides instantaneous image processing, enhanced visualization of moving intra-coronary devices, and identification of the causes of stent failure.^{114; 115}



User-friendly technological interfaces can increase procedural efficiencies

Complex and evolving technologies are often associated with significant learning curves for clinicians and can be prone to bias or human error.^{40; 109; 116} The Philips Coronary Suite offers a comprehensive suite of clinically proven imaging, physiology, and co-registration tools on a modern, secure platform to make fast, informed clinical decisions tableside.¹¹⁷ User-friendly technological interfaces can help maximize voluntary uptake by the workforce and minimize costs of training and implementation.^{41; 42} The availability of user-friendly imaging software may help with reducing the learning curve associated with intravascular imaging, which requires expertise and experience.¹¹⁶



Integrated and automated software can address the risks of radiation and contrast media exposure

Accurate imaging of coronary arteries during cardiac catheterization depends on intravascular injection of iodinated contrast media and fluoroscopic imaging and subsequent exposure to a significant amount of ionizing radiation and the effects of contrast media.^{67; 68} Using the Philips Coronary Suite, staff can monitor X-ray dosage per procedure for both patients and themselves through real-time feedback. The **DoseAware** series of staff dose monitoring tools, includes **DoseAware Xtend**, which can provide real-time feedback on scattered X-ray dose per procedure to help staff continually learn and improve their behavior.¹¹⁸ Additionally, it reminds staff to protect themselves at certain moments during procedures and easily helps them identify trends in their exposure levels.¹¹⁸

For diagnostic coronary angiography, the **CardiacSwing** uses dual-axis rotational coronary angiography (DARCA) to enhance insight into coronary anatomy with a single contrast injection. This helps reduce contrast volume and radiation dose by providing optimal and complete visualization of the coronary tree in one swing.¹¹⁹ A study found that during ICA, DARCA reduces the occupational radiation dose at the physician's chest and leg by 60% and 56%, respectively.¹²⁰ In addition, for diagnostic coronary angiography, **ClarityIQ** technology reduces patient X-ray dose by 75% while maintaining diagnostic image quality, compared to the same angiographic system without ClarityIQ.¹²¹

lodine contrast media administration is also correlated with an increased risk of contrast-induced acute kidney injury (CI-AKI), and is associated with short- and long-term mortality and MACE.^{68; 122-124} Despite the implementation of guideline-recommended preventative measures, CI-AKI remains a frequent complication of contrast media exposure during coronary angiography and PCI.¹²⁵ Furthermore, diagnostic and therapeutic coronary interventions remain underutilized in patients with chronic kidney disease (CKD), including those with ST-elevation myocardial infarction (STEMI), despite a potential mortality benefit with coronary revascularization in patients with CKD presenting with ACS.¹²⁶ There is a need to evolve in the use of vascular imaging and physiology technologies in the management of CAD patients to focus on safe and effective treatment for PCI procedures. This may not only reduce a dependency on the angiogram and nephrotoxic imaging contrast for clear visualization, but also increase access to PCI and stenting procedures for patients with impaired renal function.



Abbreviations: AKI: acute kidney injury; iFR: instantaneous wave-free ratio; IVUS: Intravascular Ultrasound

Philips' integrated solution for ultra-low contrast PCI incorporates non-invasive and adjunctive imaging technologies, requiring less contrast media for proper diagnosis.¹²⁷ Relatedly, IVUS guidance was associated with less iodine contrast (20mL versus 64.5mL, p < 0.001) in patients (n=83) randomized to IVUS or angiography guided PCI.¹²⁸ Additionally, IVUS co-registration software provides automated, real-time side-by-side display of IVUS and angiogram images to help clinicians understand precisely where the disease begins and ends to guide pre- and post-strategy decisions.¹²⁹ As an alternative or adjunct to this, iFR pullback can be co-registered onto the angiogram to assess which parts of a vessel are causing ischemia.¹¹⁰ Together, these two applications improve procedural confidence and facilitate informed decisionmaking. Furthermore, dedicated coronary applications within this integrated solution (CardiacSwing and Dynamic Coronary Roadmap) may help reduce contrast volume, radiation dose, and fluoroscopy time for patients, while providing real-time, automatic coronary imaging alongside previously acquired roadmaps.^{114; 119} Not only does this solution help reduce the risk of CI-AKI for all patients, but it also facilitates image guidance and enhances procedural efficiency.^{36; 114}

To learn more about Philips technologies for ultra-low contrast PCI, visit the Philips website.



Across the globe, healthcare professionals are urgently seeking strategies and solutions to tackle the increasingly pressing problems of a fragmented system, including overwhelming costs, overworked staff, complex technologies, and suboptimal patient care. To do this, healthcare delivery must be transformed towards an integrated, patient-focused, and collaborative model that centers around the patient care pathway. Integrated diagnostic and treatment solutions that seamlessly connect, exchange information, provide automated assistance, offer standardization, deliver real-time data availability, and have a user-friendly interface must be prioritized for technological advancements to improve efficiencies in the CAD care pathway and ensure exceptional care. Without integrated solutions, healthcare systems will remain siloed, creating unnecessary waste, cost inefficiencies, and impede the quality of patient outcomes.

Philips delivers on the challenge of enhancing clinical efficiency by providing a powerful integrated network of solutions that enhance diagnostic reliability, decrease procedure times, improve staff experience, optimize performance, and ultimately ensure that clinicians are confident in their decision-making. The interoperability between diagnostics and clinical data provides clinicians access to information anytime and virtually anywhere to optimize care for their patients. Through our analysis, the evidence suggests that an integrated care pathway approach to addressing the burdens associated with CAD improves patient safety, reduces inefficiencies, and produces more cost-effective solutions to create a sustainable future for cardiac healthcare.

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