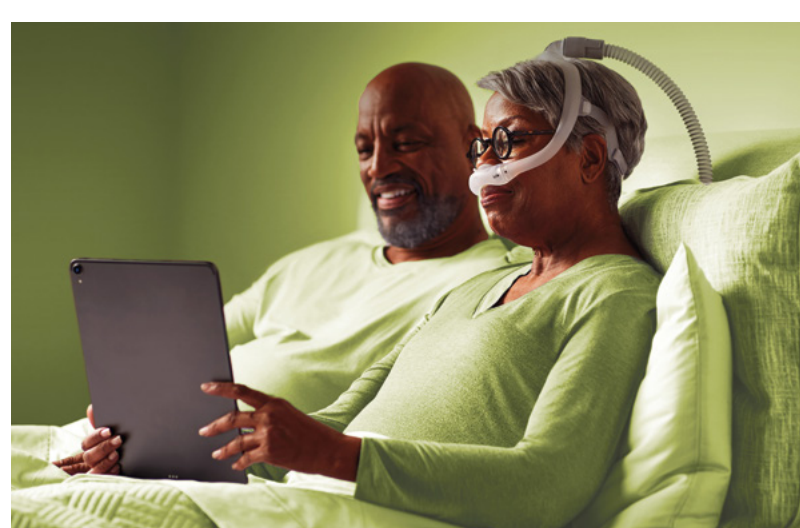


PHILIPS

Set-up for a better night's sleep

A quick guide to help you choose a
sleep apnea mask for your patients





When it comes to sleep apnea, the fit of a mask can make or break a good night's sleep. Choosing suitable CPAP masks is an important part of CPAP therapy acceptance and adherence.¹


Philips Respironics is committed to helping you easily find the right mask for your patients, so they can sleep better. Because that's what matters most.

1. Neuzeret PC, Morin L (2017) Impact of different nasal masks on CPAP therapy for obstructive sleep apnea: a randomized comparative trial. Clin Respir J 11(6):990-998.

Match your patient's needs with the right mask

How to use

Review the following characteristics with your patient, and then discuss the corresponding mask guidance. We recommend talking them through options, such as the different tube connections and mask types, so they are aware of the range of styles available.

Does your patient...	CPAP mask type	Tube connection	Philips mask guidance
 Is overall comfort most important to your patient?	Nasal, Nasal Cradle or Pillows	Any	DreamWear – Nasal Cradle or Silicone Pillows Cushions ^{3,4,5} Wisp
 Does your patient have nasal congestion?	Full Face ⁶	Any	DreamWear Full Face ^{2,7} Amara View ⁸
 Does your patient have facial hair?	Nasal Pillows ⁶	Any	DreamWear – Silicone Pillows Cushions ^{3,4,5}
 Does your patient toss and turn at night or sleep on their side?	Any	Top	DreamWear – Nasal Cradle, Full Face ^{2,7} or Silicone Pillows Cushions ^{3,4,5}
 Does your patient sleep on their stomach?	Nasal Cradle or Pillows	Top	DreamWear – Nasal Cradle or Silicone Pillows Cushions ^{3,4,5}
 Does your patient breathe through their mouth while sleeping?	Full Face ⁶	Any	DreamWear Full Face ^{2,7} Amara View ⁸
 Does your patient want an open field of vision?	Nasal Cradle, Pillows or Total	Any	DreamWear – Nasal Cradle or Silicone Pillows Cushions ^{3,4,5} FitLife Total Full Face
 Does your patient wear glasses in bed while watching TV, reading, etc.?	Various	Any	DreamWear – Nasal Cradle, Full Face ^{2,7} or Silicone Pillows Cushions ^{3,4,5} Amara View ⁸

Get to know your Philips Respironics mask options



DreamWear – Nasal Cradle or Silicone Pillows Cushions

- Like wearing nothing at all^{3,4,5}
- The DreamWear mask with Nasal Cradle Cushion is our most minimal design – cushion rests under your nose, not on it.⁷
- The innovative Silicone Pillows design causes less redness, discomfort and irritation on the face, nose and nostrils.⁵



DreamWear – Full Face

- Designed to prevent red marks and discomfort on the nose bridge.^{2,6,7}



Wisp-Nasal

- Unique, compact design.
- Magnetic clips enable quick assembly and release of the headgear.*



Amara View – Full Face

- Innovative tube in front design offers an open field of vision and helps prevent red marks, discomfort or irritation on the nose bridge.^{6,8}
- One frame for three cushion sizes (S,M,L).



FitLife Total Full Face

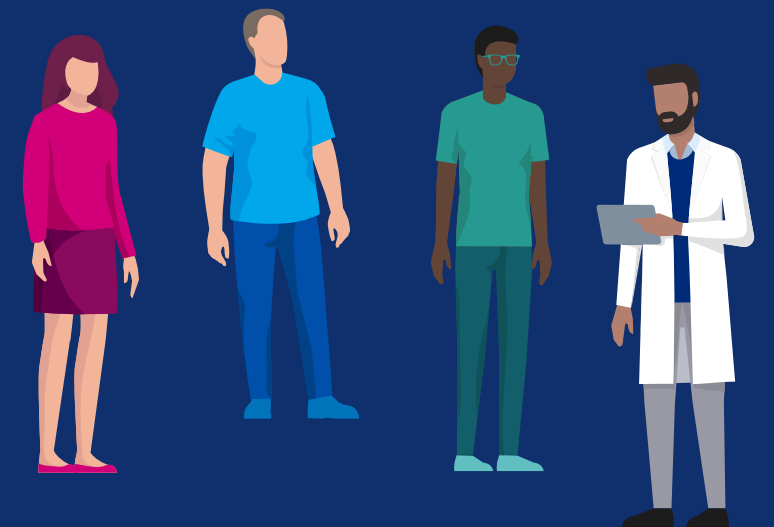
- Unrestricted view.
- Large surface area.

Support and ordering information

Philips Respironics offers a range of mask options which are suitable across both hospital and home-based care.

If you're interested in masks for use in the hospital, visit: philips.com/hospital-respiratory-care for more information.

With you, every sleep of the way.



2. Data analysis of Aug 2017 Patient Preference trial where (n=85) and prescribed masks include Resmed Airfit F10 and F20, Respironics Amara View and F&P Simplus.
 3. Data analysis at 30 days of use of 2015 Philips sponsored patient preference trial (n=102). Prescribed masks include ResMed Swift FX, ResMed Mirage FX, Philips Wisp, and ResMed P10.
 4. Data analysis at 10 days of use of 2019 Philips sponsored patient preference trial (n=81). Prescribed masks include ResMed Airfit N10, N20, Mirage Fx, Philips Wisp, Pico, ComfortGel Blue, F&P Eson & Eson 2.
 5. Analysis after 30 day of use during Jul/Aug 2020. Pillows preference trial with (n=131). Prescribed masks include ResMed Airfit P10, P30i, Swift Fx, F&P Brevida, Philips DreamWear Gel Pillows, Nuance / Pro.
 6. Bachour A, Avellan-Hietanen H, Palotie T, Virkkula P. Practical Aspects of Interface Application in CPAP Treatment. Leuppi JD, ed. Canadian Respiratory Journal. 2019;2019:7215258.doi:10.1155/2019/7215258.
 7. The design of the mask is such that it does not contact the nasal bridge.
 8. Design of the mask prevents the cushion from touching the bridge of the nose.

* Masks with magnets may be the right choice for many, but not all. Patients should discuss the use of magnets with their care provider.

