

Mother of CFer chose the Philips InCourage system for a more comfortable vest therapy product for her son

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Minnesota native, Pam M. has a son who was diagnosed at birth with cystic fibrosis (CF). Researching different methods of airway clearance therapy led to experiencing high frequency chest wall oscillation (HFCWO) with another company's vest therapy device that was available at the time.

However, that device resulted in uncomfortable therapy and made it difficult for her son to take deep breaths during treatments. Pam invested time and research into a better product, which led to co-founding InCourage. **When her son transitioned to the InCourage system in 2006, the difference was dramatic.**

“The difference is drastic in terms of comfort, breathability and compliance. You can take a deep breath and not feel constricted. With the other devices, when you take a breath, it hugs you even tighter and it feels claustrophobic.”

Pam attributes keeping her now college-age son's lungs healthy to the innovative qualities of the InCourage system. **“He has never been hospitalized for a lung infection,” said Pam. “His pulmonary function tests are 112 percent.”**

Pam explains that the triangle waveform technology of the InCourage system is different than other devices because it delivers a “thump” to the chest to loosen, thin and move mucus out of the airways. **“When you're talking about that sticky, thick mucus, the shearing absolutely is going to loosen and dislodge it so that it can be coughed up and out,” said Pam.**

Pam explains that being the parent of a child with CF is life-changing, but watching her son's tenacity, attitude and mindset about the disease is something she admires. He teaches the entire family to live in the present moment and celebrate today. **“The most rewarding part of being [my son's] mom is watching him thrive and not letting CF drive his life.”**



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Pam is a RespirTech co-founder