

**PHILIPS**

*DreamStation 2*

CPAP Advanced

Auto CPAP Advanced

# Patient

quick start guide



# Connecting to DreamMapper

Sync your device to your tablet or mobile phone using the DreamMapper app, available in the App Store and Google Play.



1

With the device and mobile phone powered up and in close proximity, initiate **Bluetooth** setup and pairing in **DreamMapper**. Follow the pairing instructions in **DreamMapper**.

2

A **6-digit PIN** will appear on the DreamStation 2 screen. Depending on your phone, you will need to either enter the **PIN** into **DreamMapper** or tap **"Pair"** on the device screen within 30 seconds to complete the pairing.

Bluetooth

357684

Pairing request code

Pair

Cancel



3

The screen displays **"Pairing to Device"** and then **"Success: Device is now paired."**

Bluetooth

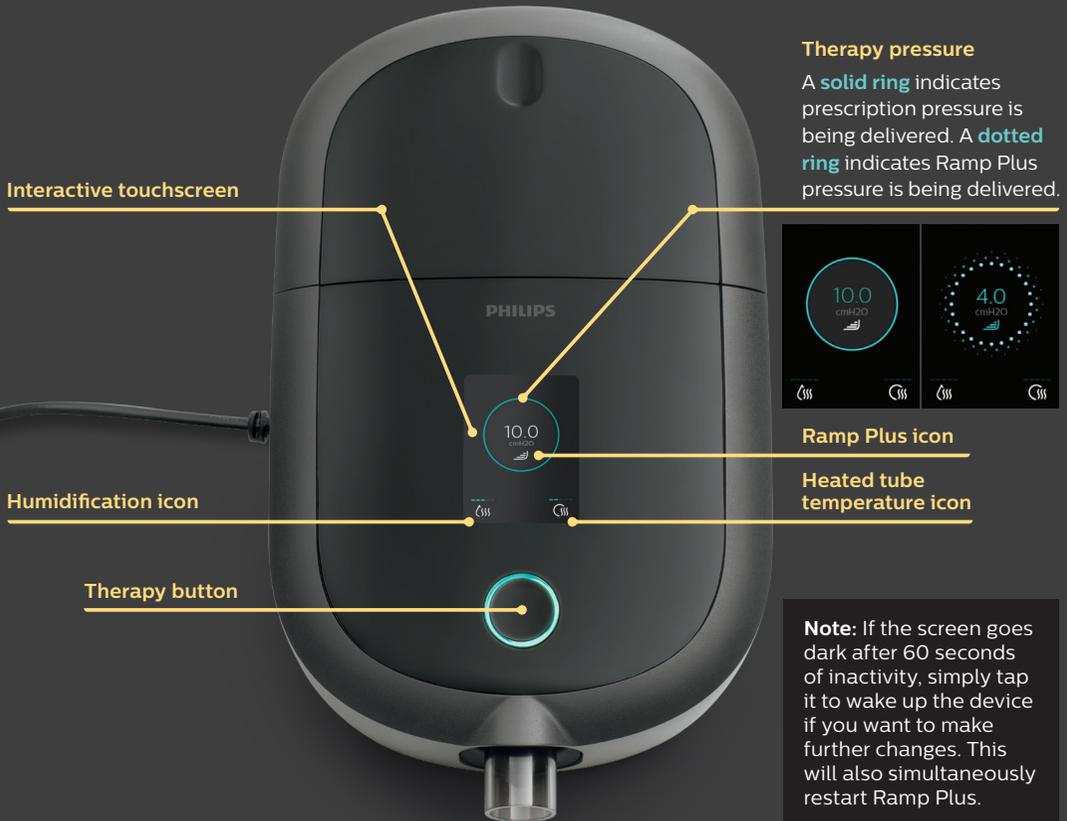
Success

Device is now paired



# Get started with therapy

To begin therapy, press the **Therapy button**.  
A **blue ring** indicates therapy is on.



Interactive touchscreen

Humidification icon

Therapy button

## Therapy pressure

A **solid ring** indicates prescription pressure is being delivered. A **dotted ring** indicates Ramp Plus pressure is being delivered.

## Ramp Plus icon

## Heated tube temperature icon

**Note:** If the screen goes dark after 60 seconds of inactivity, simply tap it to wake up the device if you want to make further changes. This will also simultaneously restart Ramp Plus.

## Customize your settings

### Ramp Plus

The **Ramp Plus** feature allows you to set a comfortable starting pressure while you fall asleep.

1. Tap the **Ramp Plus** icon to view and adjust your **Ramp Plus** pressure.
2. Tap the + or - symbols until you reach a comfortable setting.  
**Ramp Plus** settings can be turned off or set from 4 to 10 cm H<sub>2</sub>O.
3. Tap “Confirm” to save the setting.

Once **Ramp Plus** is set, it will be saved and automatically activated for future therapy sessions without tapping the **Ramp Plus** icon again.



### Humidification (if available)

1. Tap the **humidification** icon to view your current setting.
2. Tap again until you reach a preferred moisture level.  
Humidification can be turned off or set from 1 (minimum) to 5 (maximum).

Once **humidification** is set, it will be saved and automatically activated for future therapy sessions.



### Heated tube temperature (if available)

1. Tap the **heated tube** icon to view your current temperature setting.
2. Tap again until you reach your preferred temperature. Heat can be turned off or set from 1 (minimum) to 5 (maximum).

Once the **temperature** is set, it will be saved and automatically activated for future therapy sessions.



# Therapy data summary

To stop airflow, press the **Therapy button**. A summary of your therapy data will be displayed. Access to certain information will depend on what your provider has set.

## Last Session screen

Information in **blue** indicates that you can tap to learn more or take action.

### Last Session

Usage Hours **0:00**

Days 4hrs+ **0/21**

AHI **0.0**

Mask Fit **Good Fit**

Settings

1

The **Usage Hours screen** displays the amount of time you received therapy in hours and minutes during your last 3 sessions.

[< Back](#)

### Usage Hours

Below are your usage hours for the last 3 days.

|             |             |              |
|-------------|-------------|--------------|
| <b>0:00</b> | <b>0:00</b> | <b>0:00</b>  |
| 2 Days Ago  | 1 Day Ago   | Last Session |

2

The **Days 4hrs+** screen displays the total number of sessions lasting 4+ hours that you've had in the past 30 days. Once you have reached your goal, "Complete" will be displayed.

< Back

Days 4hrs+

Insurance requires at least 4 hours of use for 21 out of 30 days.

0/21

Days 4hrs+



3

The **AHI** screen displays the Apnea-Hypopnea Index (AHI) value for the most recent one-day time frame (if enabled by your provider).

< Back

AHI

This index represents the number of apnea and hypopnea events per hour of sleep.

0.0

Last Session

4

The **Mask Fit** screen displays how your mask fit during your last session. You can also run a Mask Fit check. Put on your mask and tap "Start" to initiate the Mask Fit check.

< Back

Mask Fit

You can check the fit of your mask prior to starting therapy.

Good Fit

Last Session

Start

# Settings

## Comfort, device, and data

Access to certain information will depend on what your provider has set.

1

To make adjustments to settings and to access additional information, tap “**Settings**.”

Last Session 

Usage Hours 0:00

Days 4hrs+ 0/21

AHI 0.0

Mask Fit **Good Fit**

Settings

2

Adjust available **Comfort settings**. Information in **blue** indicates that you can tap to make changes.

- a. Ramp Plus time and pressure
- b. Humidity
- c. Heated tube (if available)
- d. Tube size
- e. FLEX

[< Back](#)

Comfort

 Ramp+ 15 Min, 4.0 

 Humidity **Off** 

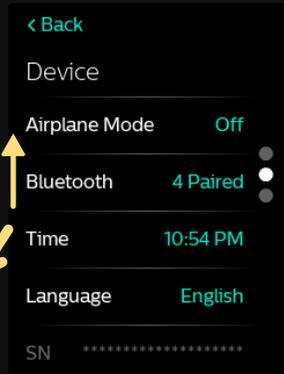
 Heated Tube **Off**

 FLEX 3

3

Swipe up to view additional device information like adjusting airplane mode, clearing Bluetooth pairings, and resetting time or language.

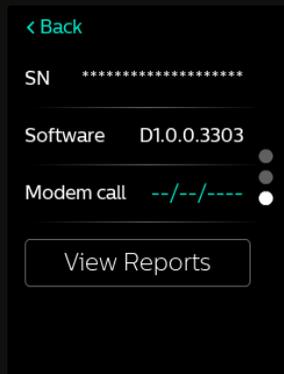
Tap on the information in **blue** to make changes. You can also view the device's serial number, software version, and modem status.



4

Tap "**View Reports**" to select a date range and view additional therapy data summaries.

To exit out of **Settings** at any time, tap "**Back**" to return to the **Last Session** screen.



Consult your User Manual for detailed troubleshooting information.

# Cleaning and maintenance

To keep your device and components in good working condition, you must clean them regularly. It's also important for maintaining your good health.

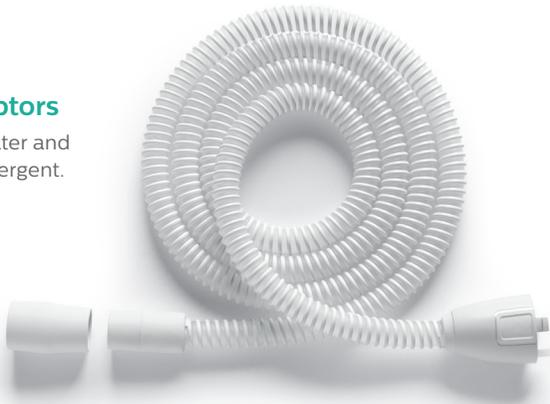
## Humidifier water tank, seal, and lid

Clean daily with water and mild dishwashing detergent.



## Tubing and adaptors

Clean weekly with water and mild dishwashing detergent.



## Filters

Rinse gray, reusable filter every two weeks with water.

Do not rinse blue, disposable filter.



**Consult your User Manual for detailed care and cleaning information.**



© 2021 Koninklijke Philips N.V. All rights reserved. Specifications are subject to change without notice. Trademarks are the property of Koninklijke Philips N.V. or their respective owners.

[www.philips.com/respironics](http://www.philips.com/respironics)



Respironics Inc.  
1001 Murry Ridge Lane  
Murrysville, PA 15668 USA

**REF** 1149265  
1149265 R03  
ZL 06/04/2021